



UNIVERSITY OF LIFE KIDS

Premium Child English Language
& Personality Transformation

PRESCHOOL | DAY CARE | AFTER SCHOOL

www.uolife.com | Fortune 500 clients | Since 2007



A photograph of a man in a grey suit and glasses speaking at a podium. He is seen from the side, facing a large audience seated in a lecture hall. The background is slightly blurred, showing rows of people and a stage area. The image is framed by a yellow border and overlaid with a dark, diagonally striped pattern on the left side.

**WHY
ONLY
SMART,
EDUCATED,
& AWARE,
CHOOSE
UNIVERSITY
OF LIFE KIDS**

OUR FACULTY TRAINS THE BEST



Dr. Maruti Sharma leading a workshop for senior managers of a tech MNC at Hyderabad.



Dr. Maruti Sharma leading a workshop for senior managers at Hilton, Gurugram.



Dr. Maruti Sharma training senior managers of DLF.



Dr. Maruti Sharma training senior managers of Bosch & Siemens Group, Mumbai.



Dr. Maruti Sharma conducting a workshop for senior leadership team of a MNC at New Delhi.



Dr. Maruti Sharma conducting a workshop for senior executives of an International Hotel Group Chain.

'SUGAR & FAST FOOD' FREE ENVIRONMENT

WE SERVE CLIENTS WORLDWIDE



Dr. Maruti Sharma conducting a workshop for an International Fintech.



Shilpa Gupta, conducting a workshop for senior managers of J&K Bank Private Ltd.



Dr. Maruti Sharma leading a presentation skills workshop for a tech giant.



Dr. Maruti Sharma with the Ambassador of Romania.



Dr. Maruti Sharma & Shilpa Gupta (UOL Team) with the Head of JOIST, Greece.

'SCREEN FREE' ORGANIC TRANSFORMATION

LEADING IN HAPPINESS RESEARCH



Shilpa Gupta, MD University of Life & Dr. Neeraj Sharma, Registrar University of Jammu signing MOU between University of Life and University of Jammu in the field of mental health research.

Faculty Training Workshops for Army Schools



RECOGNISED LEADERS IN MENTAL WELL BEING



Dr. Maruti Sharma nominated as an Expert and the Member of the Industry Advisory Board, Amity Institute of Clinical Psychology, AUH.

Workshop for Mphil & PDCP at Amity Institute of Clinical Psychology



THE BEST IN PUBLIC SPEAKING TRAINING



Dr. Maruti Sharma presenting a keynote on Greek national day, Embassy of Greece, New Delhi.

Dr. Maruti Sharma & UOL team with Ambassador of Greece & delegates.



THE BEST IN SOFT SKILLS TRAINING



Shilpa Gupta, MD University of Life, Dr. Maruti Sharma, with Dr. Balbir Singh, Dean Academic Affairs, Shri Mata Vaishno Devi University, Katra, after a workshop on Communications Skills & Personality Development.

UOL kids celebrating Navratri



THE BEST IN FACULTY DEVELOPMENT PROGRAMMES



Dr. Maruti Sharma being felicitated by HOD Psychology, Gargi College, University of Delhi, after a workshop for students and faculty.

Personality Development Workshop for kids



THE BEST IN ENGLISH LANGUAGE TRAINING



Dr. Maruti Sharma & Shilpa Gupta along with University of Life team conducted Faculty Development Programme for St. Mary's Presentation Convent School, Gandhi Nagar, Jammu.

Life Transformation Residential Retreats for Kids



THOUGHT LEADERS IN THE FIELD OF EDUCATION



Dr. Maruti Sharma invited as chief guest to deliver a speech to parents & faculty at GD Goenka, New Delhi.

Language & PD Workshops, Ladakh

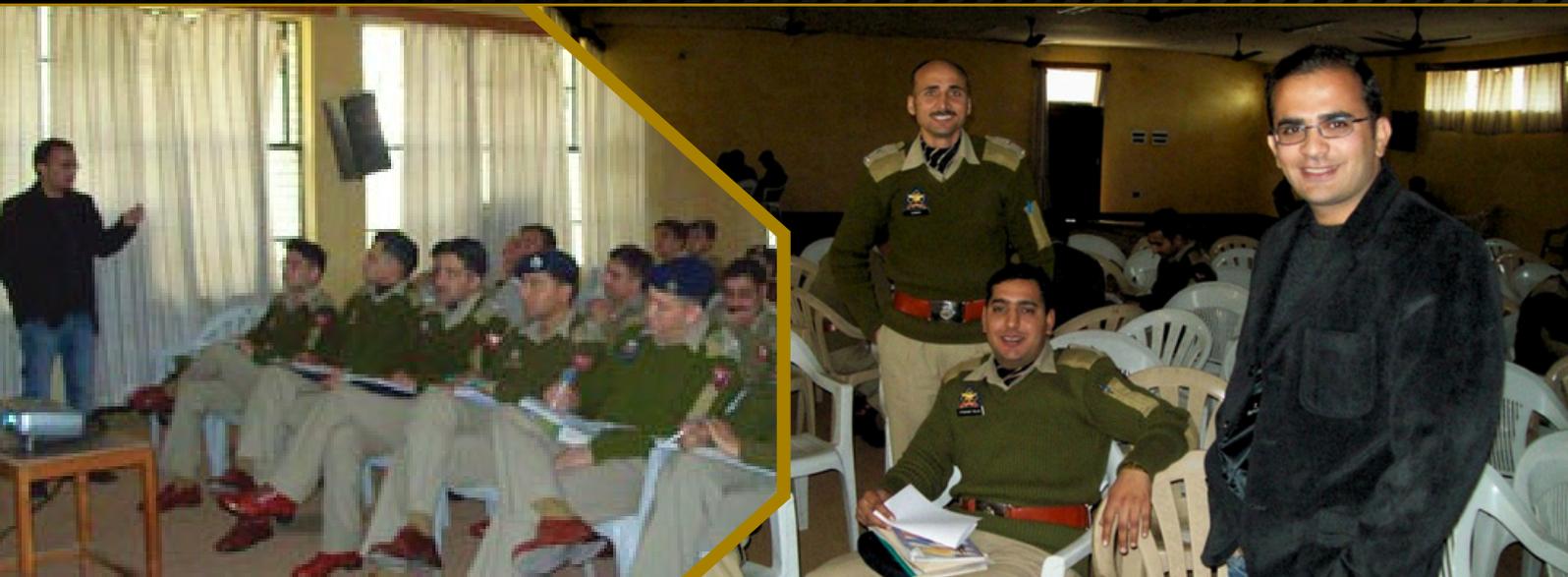


THE BEST IN PERSONALITY DEVELOPMENT



Dr. Maruti Sharma leading a workshop for senior police officers, J&K Police Academy, Udhampur, Jammu & Kashmir.

Workshops for Police Officers



THE BEST IN HUMAN MOTIVATION SCIENCE



Dr. Maruti Sharma, conducted several Faculty Development Workshops and being felicitated by Dr. Vikas Madhukar, Pro Vice Chancellor, Amity University Haryana,

LEADING THE FIELD SINCE 2007



CELEBRITY CLIENTS



Dr. Maruti Sharma invited as a special guest at the Royal High Comission of Denmark, New Delhi.

CLIENTS FROM 100+ COUNTRIES



WHY UNIVERSITY OF LIFE IS NO. 1

We are the **best in India**, there is no competition. Nobody comes even close. Now you know why:

- **TRUSTED BY THE ELITE:** Our educators are trusted & relied upon by leading universities, colleges, school chains, and multinational corporations, including Fortune 500 companies.
- **HIGHLY QUALIFIED & TRAINED MENTORS:** Each member of our faculty brings advanced qualifications and extensive training to the classroom.
- **UNMATCHED PASSION:** Despite their elite credentials our faculty is passionate for early childhood education.

In Media





**FOUNDATION,
INNOVATION, &
TRANSFORMATION**

PROGRAMMES

- Preschool
- Educational Day Care
- Residential Kids' Retreats
- Parent Counselling & Training



THE FOUNDATION

The University of Life Kids is proudly built on a foundation that integrates world-class preschool philosophies—**Montessori, Reggio Emilia, Waldorf, Play-Based, Froebel, HighScope, Bank Street, Forest School, Tools of the Mind, and Sudbury**—harmoniously blended to nurture each child’s independence, creativity, emotional growth, and love for learning in a holistic, child-centered environment.

While these different systems provide a robust framework for nurturing young children’s cognitive, social, emotional, and physical development, they are not fully equipped to address the unique challenges and opportunities of 2025.

The University of Life Kids program recognises these gaps and integrates cutting-edge human transformation systems to prepare children for a complex, fast-evolving future. Here is an overview of latest systems that we utilise:

- Neuro-Linguistic Programming (NLP),
- Human Communication Science,
- Emotional Intelligence (EI),
- Growth Mindset Training,
- Neuroscience,
- Mindfulness-Based Stress Reduction (MBSR),
- Positive Psychology,
- Creativity & Problem Solving

OUR TEACHING METHODOLOGY - INNOVATION

At University of Life Kids, we've pioneered a groundbreaking approach called **M.I.N.D.—Micro-skilling Interventions for New Demands & Demographics**—a revolutionary system that transforms early education.

By breaking down essential competencies into precise micro-skills, we empower each child with targeted abilities for a rapidly evolving world. Our proprietary transformation processes deliver these skills with unmatched precision, seamlessly integrating delivery and tracking to guarantee extraordinary outcomes.

- A.E.I.O.U to ensure results oriented inputs.
- A.B.C.D.E.F to foster experiential learning.

HOW THESE SYSTEMS ELEVATE UOL KIDS

By weaving these modern systems, University of Life Kids creates a future-ready curriculum that enables:

- Adaptation to Change by building mental agility, extending autonomy to dynamic contexts.
- Deepening Connections with EI & Human Communication Science.
- Well-Being with Positive Psychology to enhance resilience & tenacity in a high-pressure world.
- A future-ready child through innovation, problem-solving & critical thinking.

FIVE PILLARS - TRANSFORMATION

GET YOUR CHILD PRO ENGLISH SPEAKING SKILLS - Our cutting-edge English programme immerses children in language through interactive methods like NLP, neuroscience, storytelling, songs, & games.

GIFT YOUR CHILD A MAGNETIC PERSONALITY - Our bespoke curriculum celebrates each child's uniqueness, offering personalised attention & diverse activities to nurture self-expression, empathy, & resilience.

SHAPE YOUR CHILD TO BE A LEADER - We pioneer leadership development by empowering children to take initiative and lead through innovative project-based learning to foster collaboration, problem-solving, and confidence from an early age.

GIFT YOUR CHILD PROTECTION FROM MENTAL HEALTH

CHALLENGES - Our unique happiness-first approach ensures every child feels valued and excited to learn. We support emotional well-being for lifelong happiness.

HELP YOUR CHILD DEVELOP HABITS FOR HEALTH, HAPPINESS, &

HARMONY - We prioritise physical development through daily activities, specialised bodywork, & nutrition education for lifelong healthy habits.



OUR TEAM



SHILPA GUPTA

Shilpa is a dynamic trainer of Communication Skills, Spoken English & Personality Development. She has more than 20,000 hours of classroom training experience.

In last fifteen years she has trained thousands of students from different countries & professions.

PD Workshop for Govt. College for Women, Parade



ACADEMIC TRAINING

- Post graduation in Community Resource Management & Extension.
- Advanced Diploma in Child Guidance & Counselling.
- SLET Qualified.
- Bachelor of Education, BEd.
- BSc. Home Science.
- Certified NLP pract.
- Certified British Council Trainer.
- Certification in Basic & Advanced French.
- Certificate in Conflict Mediation, Switzerland.
- Trained Yoga Teacher.
- Certified Parenting Coach.

PD Workshop for Business School Students



WORK EXPERIENCE

- Cofounder University of Life, 2007.
- Personal life coach & mentor.
- Leading curriculum design & workshops for multinationals that include many Fortune 500.
- Conducted workshops for leading school chains, colleges, business schools, & universities.
- Has been a part of the organising team that has been conducting residential human transformation retreats in Europe & India for over two decades.
- Leading University of life - morning, afterschool, daycare programmes for children.

The Science of Parenting Workshop





DR. MARUTI SHARMA

Dr. Maruti Sharma is an internationally acclaimed Celebrity Clinical Psychologist, Life Coach, & Teacher of Meditation & Consciousness Studies.

He is the founder of the University of Life (est. 2007), The Art of Happiness d.o.o & a trailblazer in personal and professional transformation.

Faculty Development Workshop for St. Marys' Presentation Convent



ACADEMIC TRAINING

- Formally trained in meditation, happiness science & buddhist traditions of India.
- Certified & licensed clinical psychologist with RCI.
- Trained organisational behaviour psychologist.
- Internationally certified teacher trainer of yoga, taichi, & qigong with International Yoga Alliance, USA.
- Certified & licensed NLP practitioner with Society of Neuro-linguistic programming, USA.
- Certified Consulting Hypnotist with National Guild of Hypnotists, USA.
- Certified in the science of happiness (USA), project management(Swiss), creativity(Swiss), communication, & many other allied fields.

As featured in The Times of India



WORK EXPERIENCE

- 20 plus years, 100 plus countries, & hundreds of thousands of lives touched.
- Is a personal life coach/ psychotherapist for many known celebrities, CEOs, & political leaders.
- Expert Member of Industry Advisory Board Amity Institute of Clinical Psychology (AICP), Amity University Haryana.
- Has trained senior executives of various multinationals that include many Fortune 500 companies.
- Led training workshops for senior officers of security forces in India.
- Has conducted various workshops for many leading school chains, colleges, business schools, & universities.
- Has been conducting residential human transformation retreats in Europe & India for over two decades.
- Has written several books, & created thousands of hours of video based educational content.

Workshop on Distress Management, Switzerland 2002



MEET OUR CORE TEAM OF SKILLED PROFESSIONALS



Shilpa Gupta,
International Language
& Child PD Specialist.



Ginny Wadhera, Int.
Trainer & Consultant,
Gold Medalist, DU, PG
Dip. MSU, USA.



Stanzin Gurmat, Creativity &
Health Coach.



Regzin Angmo, MA
English, Child PD Expert.



Ashree Gandotra, B.Lib.
M.Lib, 10+ years
of teaching experience.



Sonam Gupta, MA
English, B.Ed., 10+ years
of teaching experience.



Dr. Maruti Sharma,
International Clinical
Psychologist & Celebrity
Life Coach.



Riya,
Teaching
Assistant.

Sunakshi,
Teaching
Assistant.



OUR STUDENTS

UNIVERSITY OF LIFE: A 20-YEAR PHOTO JOURNEY



UNIVERSITY OF LIFE: A 20-YEAR PHOTO JOURNEY



UNIVERSITY OF LIFE: A 20-YEAR PHOTO JOURNEY



UNIVERSITY OF LIFE: A 20-YEAR PHOTO JOURNEY



HIGHLIGHTS FROM OUR CLIENT PORTFOLIO

OXANE PARTNERS

DLF

THE PURPLE PEOPLE

ATI JEWELS

DELHI UNIVERSITY

AMITY UNIVERSITY

HUB, LONDON

SMVDU

RADISSON BLU, DELHI

GLOBALLOGIC

BOSCH & SIEMENS HOME APPLIANCES

USV PHARMA

AIRTEL

AIRCEL

AYURVEDA LIFESTYLE, SWITZERLAND

R3 NATURALS PRIVATE LTD.

SWISS REDCROSS

J&K BANK PRIVATE LTD.

SK POLICE ACADEMY

CENTRAL UNIVERSITY, JAMMU

THE BUSINESS SCHOOL, JU

THE BUSINESS SCHOOL, SMVDU

DAV

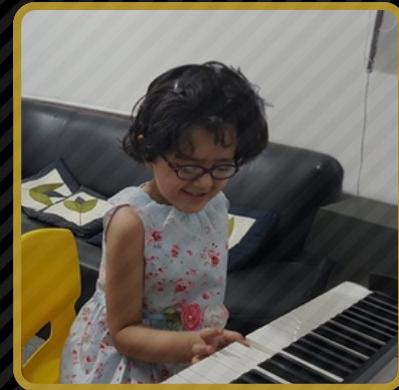
ARMY SCHOOL LEADERS

YOTA

DPS

IMS

SET BUSINESS SCHOOL



THE FIRST STEP

Step 1: Initiate Pre-Consultation Profiling

Visit www.uolife.com/child to complete a comprehensive intake form. This step captures critical data—your current state, objectives, and constraints—forming the foundation for a data-driven transformation.

Step 2: Schedule an appointment

Text or call + 91 9797695456 to schedule an appointment.

Step 3: Basic Child Assessment

A one-on-one consultation to define quantifiable outcomes & co-design a personalised transformation framework grounded in your child's specific needs and scientific principles.

Step 4: Investment

Deposit the required transformation cost.

Step 5: Launch Your Child's Transformation Journey

Once you have made the investment, you shall receive a roadmap for your child in two working days.

Step 6: Conduct Systematic Progress Reviews

Engage in regular, data-informed fortnightly evaluations with your dedicated support team.

Step 7: Conclude & Plan for Sustained Success

Complete your journey with a final assessment, synthesising your achievements into a clear, actionable roadmap.

Websites:

www.uolife.com

Contact numbers:

+91 9797695456, + 91 7051007051

To schedule an appointment, Please visit the following link and fill the pre-consultation form: www.uolife.com/child

**“UNIVERSITY OF LIFE IS THE BEST IN INDIA.
OUR REVOLUTIONARY M.I.N.D. CURRICULUM, STELLAR
FACULTY, AND TRANSFORMATIVE APPROACH DELIVER
UNRIVALLED GROWTH FOR YOUR CHILD.
NO OTHER INSTITUTION CAN COMPETE WITH OUR
EXCEPTIONAL QUALITY.”**

